

Mariposa Messenger

December 2022



**Sales Run From
November 26th
Until
December 30th**

*Prices & Availablitiy
are subject to change.*

500 South Main Street, Willits, CA 95490 (707) 459-9630

HOLIDAY TREATS AND GIFTS

BY Mary Anne Trevey

Are you looking for something unique for the holiday party or gift-giving? Mariposa has got you covered. Our buyers love to bring in fairly priced, fair-traded, and perhaps unusual items for the winter season. Here are a few suggestions.

* Latico leather goods. This beautiful USA-made line has small purses and wallets in fine-washed leather. Well constructed and definitely less expensive than some well-known brands.

* Andes Gifts features a plethora of hats, mittens, scarves, and warmers for head and hands. Made in Peru and Bolivia by indigenous Aymara artisans who earn a sustainable income and work under Fair Trade guidelines. Products are made from wool, alpaca, and recycled polyester.

* Paddywax, our best-selling candle company, has provided us with some very yummy scents for the holidays. These include Cypress Fir and Red Pomegranate Spruce in various sizes. Soy-based wax without dyes.

* Virgin River Naturals is another candle company with special winter scents like Blue Spruce, Winter Clove, Frankincense, and Myrrh. These candles are made from oils of soy, coconut, and beeswax, with essential oils or premium natural fragrances, with no chemicals, additives, or dyes.

* Thanksgiving Coffee has a Holiday Blend, which features exceptional flavor. A welcome gift for your coffee-loving family and friends.

* Egg Nogs in many forms. Besides dairy nogs by Straus, Alexandre Farms, and Clover, we also carry plant-based types like Chobani Oat Nog, So Delicious Coconut Nog, and Califa Almond Nog. All quite delicious and fabulous with a shot of rum.

* Alpaca Arte alpaca socks made with 41% alpaca are the softest, most luscious socks your feet have ever worn. These are imported from Peru, and we also carry Smartwool Socks and Warm Wool Organic Socks from Maggie's. A few Wigwam socks are also available for men.

* Gorgeous plants for holiday giving and decorating. Poinsettias, Christmas Cactuses, Orchids, and various holiday-themed bouquets and potted plants are all part of our holiday offerings.

* Lake Champlain Chocolates give us fabulous Salted Caramels, Hannukha Coins, and Organic Hot Chocolate Mixes. We also have Organic Chocolate figures of Santas, Reindeer, and Snowmen from Belgium Chocolates. YumEarth is sending out organic Peppermint Candy Canes, and Choclove has a holiday shipper featuring three seasonal flavors.

* Cutest ornaments ever! Our store tree will be decked with special and unique decorations for your holiday pleasure. Great for stocking stuffers.

* Mariposa Market's gift department is alive with holiday cards, single and boxed calendars, jewelry, woolens, tapers, tie-dyed clothing, holiday-themed cups, dishtowels, and serving items. We also have toys, games, and puzzles. Take some time to peruse our gift department, which is filled with the Season's Joys!

Bulk
Yellow Popcorn



Reg \$2.79/LB

\$2.39/LB

Amy's
Organic Soup
Assorted Varieties



\$4.79 Reg \$5.99

Kinnikinnick
Graham Style
Crackers



S'moreables

8 OZ

\$3.39 Reg \$5.09

Spectrum
Naturals
Organic Olive Oil



Extra Virgin
25.4 FL OZ

\$12.89 Reg \$21.19

Dr. Bronner's
Organic Virgin
Coconut Oil



Whole Kernel
14 FL OZ

\$9.29 Reg \$12.59

Bulk
Rolled Oats



Reg \$2.29/LB

\$1.99/LB

Bar Harbor
Clam Chowder

New England Style
Manhattan Style
15 OZ



\$4.69 Reg \$5.79

Back To Nature
Crackers

Assorted Varieties



\$3.59 Reg \$5.29-\$5.39

Bob's Red Mill
Coconut Flour

16 OZ



\$4.49 Reg \$6.69

Justin's
Organic Nut Butter
Cups

Assorted Varieties
1.4 OZ



\$1.89 Reg \$2.79

Bonne Maman
Preserves
Assorted Varieties



\$5.59 Reg \$7.49

Pacific Foods
Chicken Bone Broth
32 FL OZ



\$6.19 Reg \$9.49

Garden Of Eatin'
Tortilla Chips

Assorted Varieties
5.5 OZ



\$3.19 Reg \$4.79

King Arthur
Baking
Company
Gluten Free Flour Mix



24 OZ **\$7.59** Reg \$10.39

Divine
Chocolate Bar
Assorted Varieties
3 OZ



\$3.39 Reg \$4.69

Wine Away The Holiday

By Debbie Mac



I can hardly believe that we are at the time of year when we are ordering turkeys and making plans for Christmas. It seems like yesterday, we were in the middle of an August heatwave. Even though we are in challenging times, we hope everyone can enjoy the holidays with family and friends. If you are looking for some holiday beverages, we hope we can help you make a good selection. This year at Mariposa, we have the traditional Roederer Brut, Scharffenberger Brut, and Scharffenberger Cremant. These excellent sparkling wines are local favorites from Philo, California. We will also be featuring Boujee from Rivino winery. This Rose' incorporates the Blancs de Blanc combination of Chardonnay, Pinot Blanc, and Viognier and adds Syrah. This sparkling is a drier, crisper style, more like French Champagne, with no extra sugar added. This makes for a brighter, less sweet wine with tiny, energized bubbles. We also carry other Rivino wines, including a Chardonnay, Sangiovese, and a unique Red with added white wine, using a fermentation named "Tiger Juice". All of these wines would be an amazing addition to a holiday meal. In addition, speaking of "French-style" champagne, we will have another dry, crisp bubbly from Terra Savia. Terra Savia is a local winery located in Hopland that makes organic wines and olive oil that we also love having for our customers.

Another winery worth mentioning is Beaver Creek winery in Lake County. Their wine is all organic, primarily Biodynamic, and there are no added sulfites. The winemaker, Martin Pohl, takes great pride in making quality wines with these great features. We have a Sauvignon Blanc sparkling wine in the cooler, but you can also find a red blend and a Petite Sirah in the store's wine section.

We hope you have a great holiday season with your family and friends. We wish you the best from everyone at Mariposa.

Roasted Mushroom Soup

12 oz cremini mushrooms, halved	2 small yellow onions, sliced
12 oz fresh shiitake mushrooms, stemmed & halved	1 tsp fresh thyme leaves, plus more for garnish
1-1/2 tsp minced garlic	1/4 C dry sherry
1-1/2 tsp kosher salt	1 (14.5 oz) can low sodium chicken broth
1 tsp chopped fresh rosemary	1-1/2 C milk
5 Tbsp extra virgin olive oil	1/2 C heavy cream
2 Tbsp butter	1/4 tsp freshly ground black pepper, plus more for garnish

Preheat oven to 400° F. Put mushrooms, 1/2 tsp garlic, 1 tsp salt & rosemary in a bowl. Drizzle with olive oil & toss to coat: spread evenly onto a baking sheet. Roast mushrooms until golden, 20-25 minutes.

Melt butter in a large saucepan over medium heat. Add onions, thyme & remaining garlic: cook, stirring occasionally, until onions are soft, 7-10 minutes. Add sherry: cook, stirring occasionally, until almost evaporated, 1-2 minutes.

Reserve 1 C roasted mushrooms. Purée remaining mushrooms, onions, broth, milk & heavy cream in a vented blender, or with an immersion blender, until smooth.

Return soup to saucepan: stir in pepper and remaining salt. Cook over low heat, stirring frequently, until it just simmers, 5-10 minutes. Serve topped with reserved mushrooms, thyme, & optional olive oil drizzle.

Borrowed from allrecipes October/November 2022

Bubbies
Prepared
Horseradish
8.5 OZ

\$4.49 Reg \$5.19



Bubbies
Pickles
Bread & Butter Chips
16 OZ

\$6.89 Reg \$8.29



Bubbies
Kosher Dill Pickles
Spicy or Original
33 OZ

\$8.99 Reg \$10.79



Bubbies
Kosher Dill
Relish
16 OZ

\$6.19 Reg \$7.39



Kite Hill
Ravioli
Mushroom
9 OZ

\$7.89 Reg \$10.39



Kite Hill
Ravioli
Spinach
9 OZ

\$7.89 Reg \$10.39



Bach
Natural Stress
Relief Pastilles
Black Currant or
Original
50 GRM
\$6.99 Reg \$10.69



Bach
Rescue
Remedy
Natural Stress Relief
20 ML

\$16.49 Reg \$25.89



Naturtint
Permanent
Hair Color
Assorted Colors

\$12.49 Reg \$20.39



We at Mariposa Wish Our Customers & Community a Safe & Happy Holiday Season!

Christmas Hours
Saturday December 24th 9am-5pm
Sunday December 25th Closed for Christmas
Monday December 26th 10am-6:30pm

Try Something New!

By Alecia

As another new year is approaching, we might want to ask ourselves...what direction would we like this next year to go. Are you stuck in your ways? Maybe it's time to try something new? Or, maybe you're just comfortable with your everyday choices? Whether it's about choosing which cheese or bread you buy at Mariposa or what time of the day you eat your lunch, we sometimes choose to do the same ole' thing day after day.

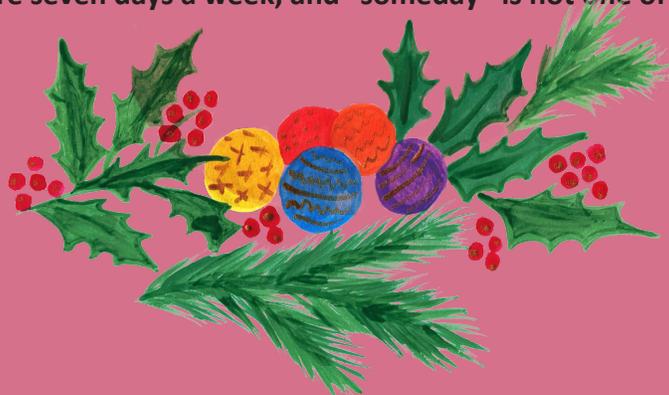
What is so daunting about choosing to try something new? Do you think you are too old to start practicing yoga or learning a new language? What about planning a big trip or moving to a new city? Choices are hard! We alone are ultimately responsible for our choices and, by the same token, our failures. The challenge can become a paralyzing circumstance. We may ask the question ourselves..."What if it's the wrong thing to do?" It's time to get that out of our heads! As the adage goes," nothing beats a failure but a try", a saying my father won't let me forget!

People, in general, can be judgmental. And it's our own judgment about ourselves that can get in our way. Humans tend to take information and twist it into their own perspective on how they see things. It's our way of making sense of our environment or the people around us. This creates our own personal biased view of the world. But this bias can limit us, unconsciously affecting how we make decisions. And because people are often afraid to be wrong, they hold on to their biased beliefs as though they carry an undisputed truth.

It's okay to challenge your own ideas on how your life or things around you will work. And identifying the blocks that keep you from trying new things is a good place to start. The fear of the unknown is common, and doing something new can make us nervous and possibly self-conscious. We tend to want to avoid these feelings because they cause us stress and fear. But realize that stress is an inevitable part of the process of change.

What is it we fear? Fear stops us from taking action. Only by controlling the fear that forces us to question ourselves can we make decisions to change and lead a happier, more positive life. The greatest mistake one can make is continually fearing you will make one.

Why try something new? Stepping out of our comfort zones gives us the ability to see new opportunities. It forces us to grow and increases our confidence, giving us an appreciation for ourselves. Trying new things keeps us challenged, changes our perspective, and helps us see value in new things around us. And best of all, it keeps us inspired and motivated to keep plugging along. And when is the best time to start? There are seven days a week, and "someday" is not one of them!



Selected Sales Run December 1st-31st

Nordic Naturals

Selected Items
20% OFF



Bluebonnet Selected Items

15% OFF



Emerald Labs Selected Items

15% OFF



MegaFood Selected Items

15% OFF



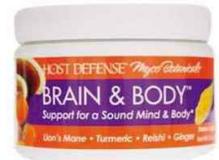
Herbs Ect Congest Free

20% OFF



Host Defense All Items

20% OFF



Badger All Items

15% OFF



Wild Carrot Selected Facial Care Items

20% OFF



Moon Essence All Items

20% OFF



Inesscents All Items

20% OFF



Acure All Items

15% OFF



Bass Brushes Selected Bath Brushes, Loofahs, & Sponges

20% OFF



Vibrant Health All Items

20% Off



New Chapter All Items

25% OFF



Every Day
Low Prices!

Shikai Products All Items

20% OFF

Every Day
Low Prices!



Our Holiday Gift Selection



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WEBSITE: MARIPOSAMARKET.COM